

What is it?

And what does it have to do with New Hampshire's North Country

## No, not New Urbanism





## **New Ruralism**

- Gated communities?
- There just for the benefit of cities?
- Community gardens and green spaces?

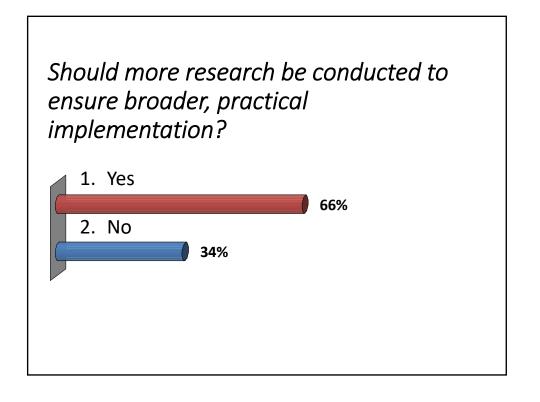
NNECAPA and New Ruralism:
Plenary Discussion Questions
2013 Annual NNECAPA Conference

Peg Elmer Hough, Community-Resilience.org

Do you agree that we, representing planners in this region, have something going on here that we ought to better define for our practice and for transfer to other rural regions?

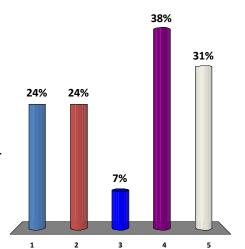
1. Yes
2. No

83%



## What is most important for research? (Choose all that apply)

- Refine the definition of the concept and case examples
- 2. Identify barriers and create recommendations
- 3. Identify closed loop and integration across sector examples
- 4. Identify examples of success on low budgets
- 5. All of the above



## Would a specific New Ruralism web portal from NNECAPA be useful?

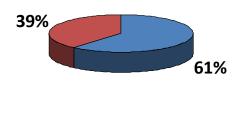
- 1. Yes
- 2. No



■1■2

# Should NNECAPA create a committee to build a larger project to encompass the favored ideas?

- 1. Yes
- 2. No



**■1■2** 

### NNECAPA Project Leadership Team

New Hampshire:

Tara Bamford, North Country Council

Vermont:

Peg Elmer Hough, Community-Resilience.org

Maine:

Mark Lapping, Muskie School of Public Service Lynne Seeley, Community Planning Consultant

#### DON'T REINVENT THE WHEEL

Facilitate the collection and sharing of examples of how rural communities successfully addressed challenges similar to those faced in New Hampshire's North Country.







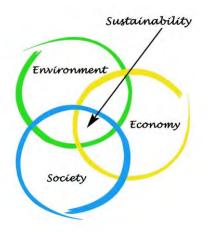
We know it when we see it



### **Chapter Presidents Council**



## Healthy Community Values Focus



How are we building on modern technology and infrastructure to support a thriving environmental, economic and social fabric?

### Criteria

The strategy, solution or innovation proposed to be highlighted in a case study appropriately fits rural communities/areas with low population density, is not dependent on the existence of professional town staff, is locally-driven and locally supported, and fosters:

- some attributes under the social, environmental and economic spheres of community planning
- improvement in quality of life, livable wage jobs, meeting basic household needs, and/or long-term community sustainability
- growth in the local and regional economy rather than leakage of wealth outside the region
- thriving communities

## Sustainable Approach

- Long-term success is not dependent on ongoing direct funding from an outside NGO or public agency or staffing from an outside organization, although innovative or successful local programs might be related to or supported by a public program or policy.
- Resource-based strategies have a foundation in sustainable stewardship for the long-term.



#### FOCUSING ON FOOD

Click on the link in each description below to read more about that Case Study-

In Skowhegan Maine, an abandoned building was rehabilitated to accommodate new business and support the growing grain industry by again filling its original role of the Somerset Grist Mill.

Local Foods Plymouth in New Hampshire and Vermont's Farm to Plate program both strive to reduce the miles traveled by food and strengthen the local agricultural economy.





Maine's Port Clyde Fresh Catch harvests, packages and sells seafood using environmentally sound methods.





"Vermont's Farm to Plate is THE model of every other state's process, at least in New England. I think nationally it is a model as well."

Mark Lapping, Principal Investigator, Maine Food Strategy and Distinguished Professor, University of Southern Maine





#### PEOPLE HELPING PEOPLE

Click on the link in the description below to read more about the  ${\it Case Study}-$ 

The Lubec Community Outreach Center in Maine is just that, building partnerships to provide programs for children, food education and pantry, and other basic needs.

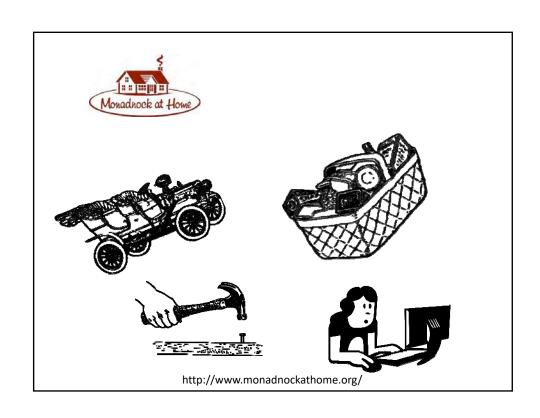


organization's Age Friendly Communities Indicator Guide.

Monadnock at Home in New Hampshire is a nonprofit member-based organization helping seniors continue to live at home successfully.

Bowdoinham Maine formed an Advisory Council on Aging to advance Successful Aging in Place by piloting the World Health







## Lubec Community Outreach Center "Working together for each other."



## **LOCAL FOODS**

Healthy food, community collaboration, and connection **Get Growing Program** 



Photo: LCOC

COLLABORATION
with Good Shepherd Food Bank
Local Community Food Pantry



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Afterschool and Senior Programs

Photos: LCOC

#### BUILDING JOBS ON OUR STRENGTHS

Click on the link in the description below to read more about that Case Study-



The Mad River Valley Economic Study in Vermont takes a close look at the agricultural economy, tourism and other elements of the local economy to identify realistic sustainable goals.

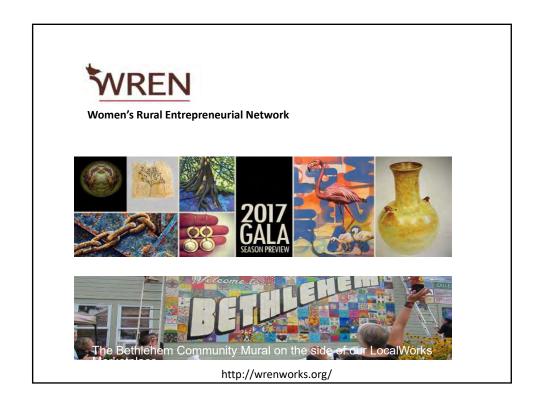
On Maine's Deer Isle/Stonington, the Island Employee Cooperative formed to keep the core businesses in the hands of local workers for the benefit of the community.

New Hampshire's Women's Entrepreneurial Network (WREN) is a membershipdriven organization that offers access to resources, training, technical assistance, and markets.

## Island Employee Cooperative The Galley, Burnt Cove Market, V&S Variety & Pharmacy



















http://www.plymouthenergy.org/

#### OTHER INNOVATIVE RURAL INITIATIVES

Click on the link in the description below to read more about that Case Study-

King Arthur Flour in Norwich, Vermont provides customized incentives to employees to carpool based on an innovative data-driven Smart Commute Program.

Downeast Lakes Land Trust in Maine represents a successful coalition of those who care about the area natural resources and their role in the region's economy.

Northfield, Vermont's Water Street neighborhood provides an example of retrofitting an historic neighborhood to reduce flood risks.

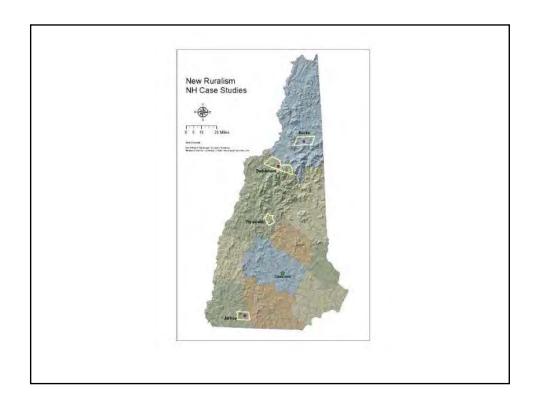


## Individualism within Community

- volunteerism
- empowerment
- ingenuity, creativity
- entrepreneurism
- cooperatives
- local ownership
- self-sufficiency
- leadership!













## Working for Us!

APA National Planning Conference New York City May 8, 2017



## Leadership Team

- Tara Bamford
- Peg Elmer
- Mark Lapping
- Lynne Seeley
- Jo Anne Carr



### Next steps

- ➤ Continue national rollout
- ➤ Collect nationwide case studies
- **≻**Canada?
- ➤Book?



